

STARKE

State programme for families



KINDERLAND

Baden-Württemberg

MINISTERIUM FÜR SOZIALES UND INTEGRATION

Dear parents,

To have and to love a child, to give them strength and to support them throughout their life is among the most rewarding but also most challenging tasks that parents face. With the STÄRKE (“STRENGTH”) programme, the federal state of Baden-Wuerttemberg therefore aims to promote parenting skills. You are very welcome to join one of the open meetings to exchange thoughts with other parents, to get in touch with an expert, or to take part in our family education events.

We would be very pleased if you decide to use our STÄRKE services.

I wish you and your family all the best and lots of fun!



Manne Lucha MdL

Minister for Social Affairs and Integration
Baden-Wuerttemberg

What is **STÄRKE** and who can take part?

STÄRKE is a state programme aiming to promote parenting skills and to help parents to improve their children’s development opportunities.

Family education services and offerings by local providers are available to (future) parents across the cities, towns, and districts of Baden-Wuerttemberg.

Which **STARKE** offerings are available?

Open meetings

The open meetings are available to all families free of charge. They are a space for meeting other families and exchanging stories. The meetings are held at easily accessible education venues and they are intended for (future) families in all stages of life. Parents can discuss issues relevant to their current situation and seek information about other offerings and financial support options for families.

Services for families in special situations

If you find yourself in a special situation, you can benefit from services that meet your particular requirements at a reduced rate or free of charge. You can use these services regardless of your child's age.

Special life situations include

- Single parent families
- Early parenthood (at least one parent under 18 years of age)
- Families with twins / multiple births
- Foster and adoptive families
- Families with same-sex parents
- Families that have experienced violence
- Family members with illnesses (including addictions), disabilities, or nursing needs.

Family education camps

Families in special situations are also able to take part in a family education camp or a weekend event for their particular target group. Funding options are available.

Where do I find information about the **STARKE** offerings?

Information about the offerings is available from the authority in charge of family matters at your local town hall or district administration, as well as from your town's or district's official website. You can also contact parent-child centres, maternity centres, and other family education providers to find out about the latest events.

The **STARKE** partners:



The parent hotline is a service provided by Nummer gegen

Kummer e.V. – a member of the German Child Protection League

www.nummergegenkummer.de

It is available anonymously and free of charge from mobile and landline phones:

Monday to Friday from 9 to 11 a.m. and

Tuesday and Thursday from 5 to 7 p.m.

